



Indigenous Coach Training Program



ARE YOU INTERESTED IN BEING A PROFESSIONAL COACH?
WOULD YOU LIKE TO SUPPORT OTHERS TO ACHIEVE THEIR GOALS?
ARE YOU INTERESTED IN LEARNING WITH OTHER INDIGENOUS COACHES?

Target Audience

This program accepts a maximum of 15 Indigenous (First Nation, Metis, Inuit) participants who would like to learn to coach professionally.

This program will graduate coaches who will work with Indigenous clients, communities, organizations, different levels of government and within the private sector. The program adapts the core competencies of the International Coaching Federation into language and approaches which align with Indigenous teachings.

The Content

- Specific number of hours of in-person circle gatherings, webinars, plus specific hours of mentor coaching
- The historical context of working with Indigenous communities/client-partners
- What is coaching and how does it differ from mentoring/counselling?
- How is coaching different from sharing with Elders and Knowledge Keepers?
- Ethical considerations of being a coach
- The art of listening at a deeper level & how to structure powerful questions
- The power of holding space for your client-partner to accept their inner wisdom
- When to use storytelling as a tool

Cohort 5 Calendar

- Orientation session September 9, 2025, 4-5 pm PST (virtual)
- September 16 and 17, 2025 – in person Opening Circle (Location Seabird Island College, Agassiz, BC)
- September 23, 2025 – January 13, 2026: Webinars from 3:00-6:00 pm PST (there will be no sessions November 11, December 23 & 30, 2025)
- January 20, 2026 - in person Closing Circle (Location Seabird Island College, Agassiz, BC)

This program is hosted by Seabird College

Cost of this program: \$5,500 + GST.

Participants are responsible for travel and accommodations.

Lunch will be provided for in-person events.

Please connect with Michelle to set up a time to discuss your interest in the program and/or submit an [application](#) form to michelle@michelledegroot.ca

